



PROFESSIONAL DANCE TRAINING PROGRAM

QUICK REFERENCE TOOL

What to do in case of injury:

- Inform the instructor, coach or person in charge of the training activity immediately.
- See a doctor on the same day and tell him or her that it is a work-related injury. The doctor will give you a medical certificate.
- Contact the RQD to inform them about your situation.
- If you have to pay for medical expenses (physiotherapy, acupuncture, medication, orthotics, etc.), or transportation (taxi, bus, etc.), make sure that these expenses have been prescribed by your doctor in order to obtain a reimbursement from the CNESST.

Program Terms and Conditions:

<https://www.quebecdanse.org/en/ressources/health-and-security/cnesst/dancer-training-support-program-agreement/>

Contact persons:

Regroupement québécois de la danse (RQD)
514 849-4003, Ext. 221
3680, Jeanne-Mance street, # 440
Montreal (Quebec) H2X 2K5
info@quebecdanse.org

To contact the CNESST:

1 844 838-0808